

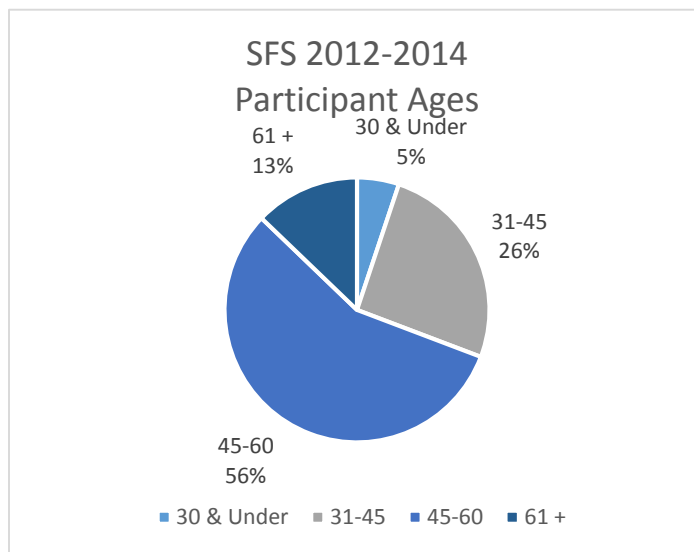


# SADDLES FOR SOLDIERS



## Our Program Statistics

Starting in January 2012 the Saddles for Soldiers Program at Shadow hills Riding Club offered weekly sessions for Veterans in the Los Angeles area. Almost 100 veterans attended through December 2013, when the program was put on hiatus due to low attendance. In June of 2014 the program was re-started on a bi-weekly schedule, with the addition of veterans recommended and sponsored by the Wounded Warrior Project.



However, 90% of the veterans who have attended our program in the past two years *would not qualify* for the Wounded Warrior project due to the *dates of their service*.

According to a report released in 2012, an estimated 22 veterans commit suicide each day in the United States. The majority of those veterans were **males over the age of 50, about 65% of our program participants.**

### Data collected from these participants show that:

- 25% of our participants are diagnosed with PTSD
- 22% struggle with substance abuse and/or addictions
- 20% are diagnosed with depression
- The #1 reason given for not attending/continuing our program is a lack of transportation to our facility.

